The Future of Emergency Medicine Reimbursement: Transitioning from Volume to Value

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Introduction

- Emergency Medicine is at a crossroads.
- ► Fee-for-Service (FFS) has dominated, but Value-Based Care (VBC) is emerging.
- ► Today: Explore how this shift will affect reimbursement, care delivery, and physician alignment.

Fee-for-Service / RVU Model Overview

- Reimbursement based on services rendered (CPT codes)
- Productivity measured in Relative Value Units (RVUs):
 - Work RVUs (time, skill, intensity)
 - Practice Expense RVUs
 - Malpractice RVUs
- Incentivizes volume and complexity.

Pros and Cons of the FFS Model

- ▶ PROS --
- Predictable revenue stream
- Rewards high-acuity, high-volume care
- Aligns with episodic nature of ED work
- CONS -
- No link to patient outcomes
- Encourages over-utilization
- Penalizes efficiency and care coordination
- Vulnerable to insurer denials and downcoding

What is Value-Based Care (VBC)?

- ▶ Reimbursement based on quality, outcomes and cost-efficiency
- Prioritizes <u>value</u> over volume
- Models relevant to EM:
 - Bundled payments
 - ACO/shared savings (ACEP's AUCM model)
 - ET3 (Emergency Triage, Treat & Transport)
 - ► Hospital quality incentive programs

FFS vs. VBC - A Side-by-Side Comparison

Feature

Payment Basis:

Incentive:

Focus:

Risk:

Documentation:

Fee-for-Service

Per CPT Code

Volume

Individual Encounter

Minimal

Coding-Driven

Value-Based Care

Quality, Outcomes, Cost

Efficiency & Coordination

Episode of Care

Shared Risk

Quality-Driven

Challenges of Applying VBC to EM

- Episodic and unplanned care limits attribution
- Lack of follow-up visibility
- ▶ Limited control over downstream outcomes
- Data infrastructure and interoperability gaps
- ► Inadequate EM-specific quality metrics

Opportunities for EM in a Value-Based System

- Gatekeeper role in hospital admissions
- Reduce unnecessary testing and admissions
- Observation units, clinical decision tools
- Social determinants and case management
- Participation in ACOs and hospital initiatives

Ways to Enhance VBS in Hospital Systems

- Real-time analytics (e.g., dashboards, predictive tools)
- Enhanced EMR capabilities
- Collaborative care models
- Risk stratification protocols
- Ongoing provider education on VBC principles

The Hybrid Future

- ► Blended model likely:
 - ▶ Base FFS for encounter care
 - ► Layered VBC incentives for outcomes & efficiency
- ► Requires: infrastructure, cultural shift and aligned incentives

Conclusion

- ► Transitioning from volume to value is inevitable
- Emergency physicians must adapt or risk being sidelined
- Strategic alignment, advocacy and innovation are key
- EM can lead in cost containment and quality if empowered