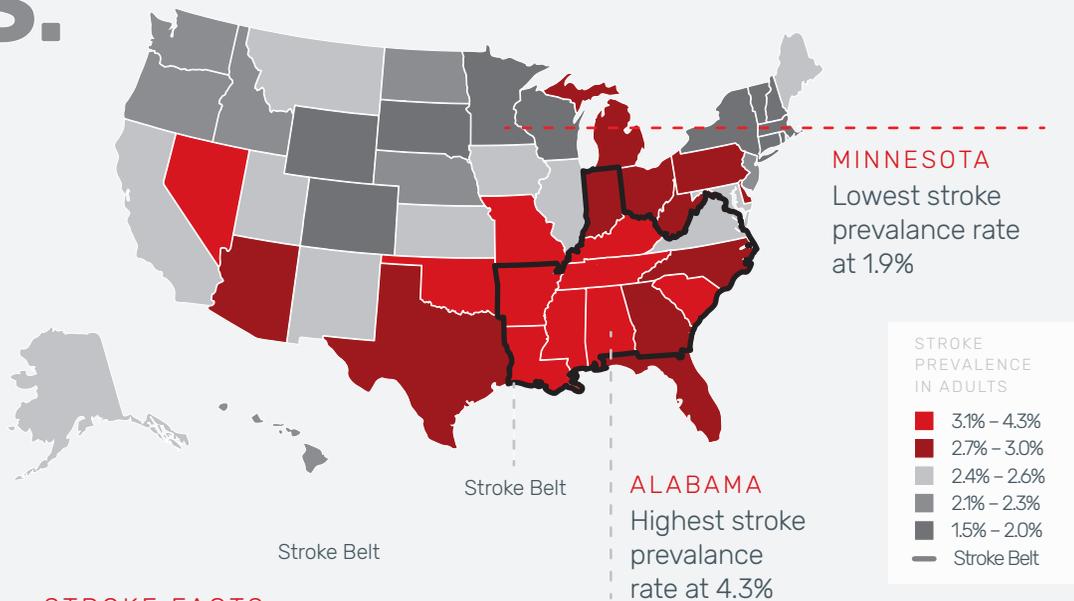


Stroke Demographics in the U.S.

Every year, close to
800,000
AMERICANS
have a stroke.

Even during a
pandemic, a stroke
can happen to
ANYONE, of **ANY AGE**,
at **ANY TIME**.

Learn the
STROKE SYMPTOMS
and **RISK FACTORS**.



STROKE FACTS

You can control and treat several risk factors for stroke.

Manageable risk factors of stroke include high blood pressure, atrial fibrillation (AFib), high cholesterol, smoking, diabetes, poor circulation, lack of physical activity, and obesity.

BE FAST when you suspect a stroke. Recognizing the signs and calling 911 can help a loved one get the medical attention he or she needs.

IF YOU SUSPECT STROKE, DON'T HESITATE, CALL 911 IMMEDIATELY.

STROKE CARE IS AVAILABLE AND SHOULD NOT BE DELAYED, EVEN DURING A HEALTH CRISIS. LEARN MORE AT **STROKEAWARENESS.COM**

Strokes Don't Stop During a Pandemic - If You Suspect Stroke, Call 911 Immediately. Emergency Care is Available and Should Not Be Delayed.

As the COVID-19 pandemic continues to evolve, it is critical to remember stroke does not stop during a health crisis and can be disabling or even fatal. Across the nation, emergency care is available if you suspect stroke. During these uncertain times, one thing to be certain about is calling 911 when stroke is suspected.

The signs of stroke can be subtle and hard to recognize. Educating yourself and others to BE FAST can help you identify some of the signs of stroke and prepare you to act with urgency.

B – Balance Loss

E – Eyesight Loss

F – Facial Drooping

A – Arm Weakness

S – Speech Difficulty

T – Time to Call 911

While certain risk factors for stroke, including age, race, gender or family history, are out of your control, there are many others that can be managed and may reduce your chances of having a stroke.

Manageable risk factors include high blood pressure, atrial fibrillation (AFib), high cholesterol, smoking, diabetes, poor circulation, lack of physical activity, and obesity. Healthy lifestyle choices, including not smoking or using tobacco products, limiting alcohol consumption and exercising regularly can help reduce your stroke risk.

Educating yourself on the signs, symptoms and risk factors of stroke, and empowering others to do the same, can make all the difference for someone experiencing a stroke, especially during the current health crisis. Trust your instincts and take action. Visit <http://www.strokeawareness.com/> to learn more.

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