

# WHEN IT COMES TO STROKE

KNOWING THE 10 SIGNS AND SYMPTOMS COULD MAKE ALL THE DIFFERENCE FOR A LOVED ONE



911, I think my husband is having a stroke



**IF YOU SUSPECT STROKE, CALL 911 IMMEDIATELY**

Every 40 seconds,



someone in the U.S. has a stroke

Stroke is the

**5<sup>th</sup>**

leading cause of death for Americans

## STROKE RISK FACTORS WITHIN YOUR CONTROL

Making healthy lifestyle choices can help reduce a loved one's risk of stroke



HEALTHY DIET & EXERCISE



LIMITED ALCOHOL



NO SMOKING

For more information, please visit [strokeawareness.com](http://strokeawareness.com)

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