

UPPER GI BLEED

Admission Criteria

- Abnormal Hct/Hg Values
- Previous GI history
- History of dark stool (not bright red) in last 24-48 hours
- No more than 2 episodes of bright red blood
- Guaiac positive NG drainage
- Transfusion
- Scheduled Endoscopy procedure within 24 hours
- GI consulted

Exclusion Criteria

- Unstable VS
- More than 2 episodes of bright red bleeding
- Active bleeding
- EKG Changes
- Temperature > 102.5
- Drop of Hct > 10 in 4 hours
- Orthostatic changes (SBP \geq 20; standing pulse > 110)
- History of coagopathy or esophageal bleeding

CDU Interventions

- Serial Hct/Hgb Q12 hours
- Guaiac stools/emesis prn.
- IV Hydration and medication (H2 blockers)
- Frequent VS Q 2
- I & O
- Possible preps for Endoscopy Procedures
- NPO
- Lab - T&S, PT, PTT
- GI consult

Disposition

- Home - Normal or stabilized serial exams
 - Stable VS
 - No deterioration in clinical condition
 - If endoscopy - no active bleeding site.
- Hospital - Continual decrease in Hct/Hg values
 - Increase in bright red bleeding
 - Deterioration in clinical condition
 - Active bleeding by endoscopy

Time frame - 18 hour observation